

	Name	Place	1 <sup>st</sup> Mile	2 <sup>nd</sup> Mile	3 <sup>rd</sup> Mile	1 Tenth	TIME	
1)	Elliott, Amanda	[1]	6:11	12:57	19:47	0:37	<b>20:25</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		6:35	0:35	6:46	6:50		
2)	Hammesfahr, Rachel-PR	[2]	6:21	13:22	20:29	0:38	<b>21:08</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		6:49	0:40	7:01	7:07		
3)	McKee, Shanee	[6]	6:34	13:54	21:17	0:40	<b>21:58</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		7:05	0:46	7:20	7:23		
4)	Hollowell, Emily	[9]	6:29	13:51	21:23	0:41	<b>22:05</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		7:07	0:53	7:22	7:32		
5)	Ussery, Alycia-PR	[12]	6:36	14:15	21:56	0:41	<b>22:38</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		7:18	1:03	7:39	7:41		
6)	Barnes, Katie Jo-PR	[13]	6:39	14:15	22:05	0:42	<b>22:48</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		7:21	0:57	7:36	7:50		
7)	Giorgianni, Chloe	[16]	6:41	14:35	22:17	0:42	<b>22:59</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		7:25	1:13	7:54	7:42		
<b>RHHS GIRLS TOP 5</b>		30 pts	6:26	13:39	20:58	0:39	<b>21:38</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>		6:59	0:47	7:13	7:19		
	<i>1-5 Time Gap</i>		2:13					

**Course:** 5K, flat , winding for mile 2, firm footing for miles 1 & 3.

**Conditions:** 11:00 AM, 72°, Good Racing Conditions.

**Competition:** 5 Teams; 35 Varsity Runners; 1/5; 1-RHHS (30) 2-Bradwell (60) 3-Effingham (78) 4-Ware (78) 5-Glynn Acad. (124)

**Comments:** Lets all fire at once next week.

	Name	Place	1 <sup>st</sup> Mile	2 <sup>nd</sup> Mile	3 <sup>rd</sup> Mile	1 Tenth	TIME	
1)	Jones, Corey-PR	[2]	5:09	10:42	16:12	0:30	<b>16:43</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>5:24</i>	<i>0:24</i>	5:33	5:30			
2)	Jacobsen, Dax-PR	[4]	5:12	10:57	16:34	0:30	<b>17:05</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>5:31</i>	<i>0:33</i>	5:45	5:37			
3)	Walker, Zarius-PR	[12]	5:30	11:30	17:33	0:33	<b>18:07</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>5:51</i>	<i>0:30</i>	6:00	6:03			
4)	Hicks, Tanner	[15]	5:21	11:26	17:49	0:34	<b>18:24</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>5:56</i>	<i>0:44</i>	6:05	6:23			
5)	Martin, Clint	[19]	5:36	11:52	18:13	0:34	<b>18:48</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>6:04</i>	<i>0:40</i>	6:16	6:21			
6)	May, Drew	[29]	5:43	12:14	18:42	0:35	<b>19:18</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>6:14</i>	<i>0:48</i>	6:31	6:28			
<b>RHHS BOYS TOP 5</b>		52 pts	5:21	11:17	17:16	0:32	<b>17:49</b>	
	<i>Mile Avg./ Mile 1-2 Diff.</i>	<i>5:45</i>	<i>0:34</i>	5:55	5:59			
	<i>1-5 Time Gap</i>	<i>2:05</i>						

**Course:** 5K, flat , winding for mile 2, firm footing for miles 1 & 3.

**Conditions:** 10:00 AM, 68°, Good Racing Conditions.

**Competition:** 7 Teams; 40 Varsity Runners; 3/7; 1-Bradwell (49) 2-Effingham (50) 3-RHHS (52) 4-Glynn Acad. (85) 5-Ware (91) 6-Jenkins (180) 7-Groves (NS)

**Comments:** Lets all fire at once next week.